

SDG - 3 Good Health and Well-Being



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NATIONAL SUSTAINABLE DEVELOPMENT GOALS (SDGs)



- In 2015, the United Nations established 17 Sustainable Development Goals to address major global challenges and improve quality of life worldwide
- These 17 goals target critical global challenges, including poverty, inequality, climate change, and ensuring access to quality healthcare for all
- These goals are part of the 2030 Agenda for Sustainable Development, which seeks to create meaningful improvements for people and the planet by 2030

LINK TO LEADERSHIP

SDG 3 relates to nursing leadership because nurses play a key role in improving health outcomes and guiding care at both individual and community levels

Advocacy: Nurses speak up for patients by helping families access prenatal care, vaccinations, or mental health services

Delegation: Nurses coordinate care on the unit, assigning tasks to team members efficiently so patients get timely treatments and better outcomes

Ethical Leadership: Nurses make fair decisions, like allocating limited resources or prioritizing care based on patient needs, while respecting patient rights

Management: Nurses plan and organize health programs, such as community immunization drives or patient education workshops, to improve overall health

Global Perspective: Nurses consider broader health trends, such as vaccination access or maternal mortality rates, and adapt care to address these global challenges locally



CONNECTION TO CLINICAL PRACTICE

SDG 3 is relevant to nursing practice because it shapes how nurses provide care in clinical settings and guides their responsibilities as they transition into professional roles

Maternal & Child Health Rotations: In labor, delivery, and pediatric units, nurses help reduce maternal and under-five mortality by providing safe care, monitoring high-risk patients, and educating families on newborn and maternal health

Community Health Nursing: In schools, community centers, and clinics, nurses promote vaccinations, teach about nutrition and hygiene, and screen for preventable diseases, directly supporting SDG 3 targets

Medical-Surgical & Critical Care Units: Nurses prevent complications and improve outcomes for patients with chronic or acute illnesses, helping reduce mortality from non-communicable diseases

Mental Health Rotations: Nurses identify and support patients with mental health challenges, provide counseling, and connect patients with resources, promoting well-being and preventing crises

Geriatrics: In long-term care or geriatric units, nurses provide care for older adults, manage chronic conditions, prevent falls and complications, and educate patients and families to maintain health and independence, supporting SDG 3 goals for all age groups



Relation to Sophomore Students

Understanding Health Disparities:

During Community Health rotations, you'll see how factors like income, education, and access to care influence patient outcomes, giving context to the global goal of promoting well-being

Hands-On Patient Education:

In Maternal-Child and Pediatrics rotations, you'll practice teaching families about vaccination schedules, nutrition, and newborn care, helping prevent illness and promote healthy growth.

Mental Health Awareness:

Working with patients in mental health settings allows you to recognize the impact of stress, substance use, and social support on overall health.

Collaboration and Communication Skills:

You'll work alongside nurses, providers, and peers to coordinate care, develop care plans, and support patient safety, building teamwork and leadership skills early.

Observation and Critical Thinking:

By observing healthcare delivery in clinics and community programs, you learn to identify gaps in care, suggest improvements, and understand how policies and protocols affect population health.

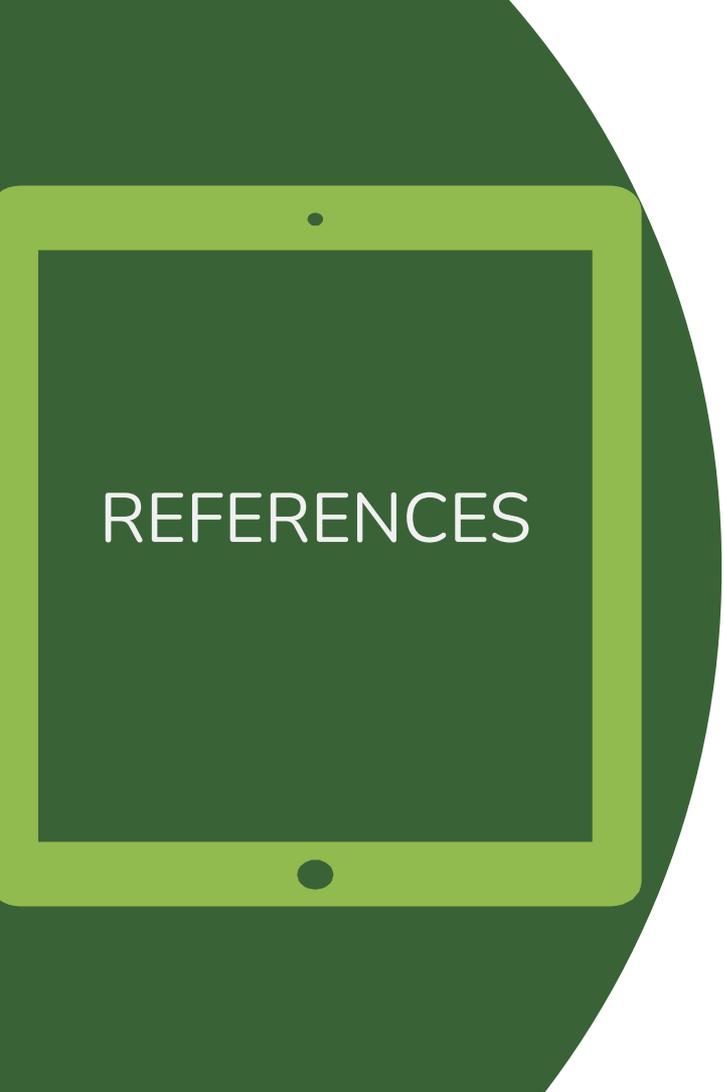


Even as sophomore nursing students, you can begin applying SDG 3 principles in our clinical experiences and daily interactions.

By connecting classroom knowledge to hands-on care, we contribute to improving patient outcomes and promoting community health. These early experiences help us develop the skills and perspective needed to impact global health now and in the future.



THANK YOU



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